

GRAFFHAM NEWS

PARISH

ISSUE 390

FREE

AUGUST 2023

GRAFFHAM VILLAGE SHOP



Bound
for
Botany
Bay

All set
for the
summer
fête

Jeeva and Vasu are 15 not out



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On the cover: It's 15 years this month since Jeeva and Vasu first set up store at the heart of the community, Graffham Village Shop. Since then, they, their customers and the neighbourhood have never looked back.

See pages 34-37.

Picture by © Michael Blunt.

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Writing from the Rectory: My recipe for life

'Remember the sabbath day and keep it holy... For in six days the Lord made heaven and earth, the sea and all that is in them, but rested the seventh day; therefore, the Lord blessed the sabbath day and consecrated it.'

– Exodus 20: 8-11

My recipe for sustaining ministry and working life. Take:

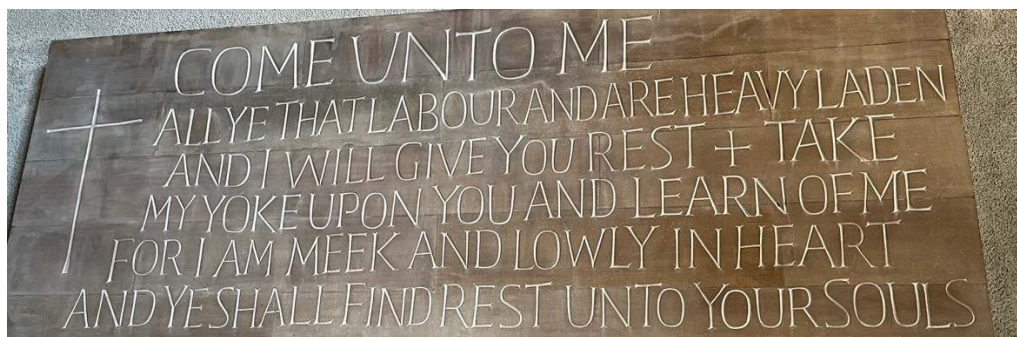
- ♥ An hour off each day.
- ♥ A week off each month.
- ♥ A day off each week.
- ♥ A month off each year.

Excepting Sunday services and pastoral concerns, I enjoy August as my month of rest. To encourage everyone to appreciate their own need for 'Sabbath rest', instead of my usual written letter here are better words than mine to inspire rest and revival (below), and, on the next page, a picture of one of my favourite paths to tread in August.

If you can too, enjoy a peaceful month everyone.



Reverend Vivien



Priest in charge: Reverend Vivien Turner
01798 867199 hello@stgilesgraffham.org

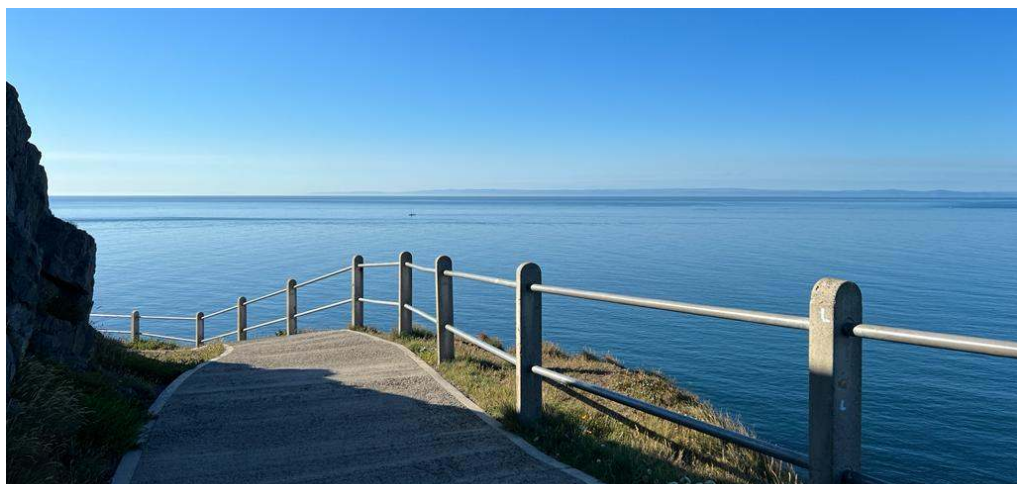
Churchwarden: Ginny Barrett 01798 867113



stgilesgraffham.org



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I must go down to the sea again...: One of Rev Vivien's favourite paths to tread in August, in coastal Wales, for sustaining life and ministry.

Save the dates – sponsored walk and harvest



The annual sponsored walk in aid of St Giles will take place this year on Tuesday 12 September – an 11-mile trek from Graffham's church to Chichester Cathedral, along a different route from last year.

If you would like to take part or sponsor any of the walkers, contact Rev Vivien.



Graffham's 2023 harvest lunch will be a 'bring-and-share' meal, on Sunday 17 September at the Empire Hall, after the harvest festival at St Giles that morning. Take whatever you'd like to treat your friends and neighbours to – as part of a main course, pudding or both! Watch for more details!



Flowers and crowdfund in memory of Alicia

Flowers were laid by schoolchildren in the garden at Duncton CofE Junior School on 6 July at a memorial service for local mother Alicia Bourke, who tragically died in a two-car crash on the A285 just south of Duncton Hill on 10 June.

A JustGiving crowd-funding web page set up to “raise some money to help fund some holiday fun this summer for Alicia’s children who she loved so much and who adored her” quickly exceeded its £10,000 target. See justgiving.com/crowdfunding/aliciabourke.

The Rev Vivien said: “The community expresses its condolences to Alicia’s family at her loss and also our appreciation to Graffham School for their kindness to the children and families in their sadness.”

Firemen put out smouldering peat on common

Four fire appliances along with several support vehicles were sent out to the eastern side of Graffham Common Nature Reserve after a dog walker spotted smoke on Thursday 13 July.

They unravelled almost 300 metres of hose to pump water from a hydrant opposite Millburgh Hall to extinguish a developing wildfire, in an area close to the sheep-pig statue on Gallows Hill.

The fire officer supervising said it had been traced back to peat beneath the ground surface which had seemingly self-ignited following the recent warm weather.



Hundreds of metres of hose were unwound from the fire appliances to reach the Graffham Common fire.

School report: Thanks for 12 years' admin, Kathie

As the academic year draws to a close, Graffham Infants School is saying farewell to office manager Kathie Gyles, who is standing down after 12 years of looking after the admin for the Lavington Park Schools Federation in its Graffham office.

Earlier, she had served as a Governor at the time that Graffham and Duncton schools came together as the Lavington Park Federation, so her service there has extended across two decades.



Kathie tells us that, while she's "sad to be leaving the lovely children and staff", she is looking forward to having term-time freedom to enjoy some travel and adventures.

She says: "Graffham is incredibly lucky to have such a special school in its midst, where both of my own children received an exceptional start to their education. It has been a privilege to be a part of the team here for many years and I'll miss it and all the tremendously dedicated and talented staff I have worked with enormously!

"I have worked in a huge variety of different jobs over the years – from waitress to board director of a global drinks company – but I have always maintained that no role has ever been as much fun as helping to support the exceptional team at the Lavington Park Federation of Graffham and Duncton Schools.

"In these turbulent times for education I really hope the village community will continue to appreciate, treasure and support this jewel in every possible way."

Headteacher Helen Martin said she was sad to say goodbye to Kathie as a colleague after her "amazing" contribution: "We thank her for her kindness in this role."

Kathie is being succeeded by Sonya Gillespie, moving from her post as Administrator of Graffham Nursery.



Kathie's ringing off after 12 years keeping our village schools ticking over smoothly.



To find out more about our village school, including 'virtual tours', see graffhamandduncton.w-sussex.sch.uk
Please also take a look at and 'like' us at facebook.com/pg/friendsofgraffhamandduncton



New provider appointed for Graffham nursery

A new provider has been appointed to run Graffham Nursery, at Graffham Infant School, following the decision by the incumbent to shut up shop after 30 years. The move should mean a near seamless transition for children enrolled there, and their parents, while also maintaining a ‘feeder flow’ of youngsters to the school itself.

Mini Explorers @ Graffham, as the new nursery will be called, will start as soon as it is possible to register with Ofsted, recruit staff and ready the space – hopefully in September, but if not, then well before October half term. It will open during term-time only, from 8am to 4pm, for those aged up to five years old.

The new operator will be Nadia Mahabir, a Dunton parent who has previously worked at the nursery. She already owns three other pre-school settings locally, two attached to primary schools and another separate baby unit. With more than 25 years’ experience in this field, including with children with learning difficulties and disabilities, Nadia began her career working with children, initially through councils and social services in London. She then trained as a Montessori teacher and went on to become an Ofsted inspector and a trained ‘Forest School’ practitioner.

Announcing the appointment, Lavington Park Schools Federation Chair of Governors Emma Vernon and Head Teacher Helen Martin said: “The interview panel was very impressed with Nadia’s passion and early years experience and, coupled with her knowledge of Graffham and our unique challenges, we believe she’s the right custodian for our nursery.

For more information, see little-explorerswestsussex.com. To register interest in sending a child to the nursery and receive a parents’ pack, email info@miniexplorerspulborough.com



TEDDY TIME IN THE PAVILION TODDLER GROUP

Wednesdays 10.15-11.30am
Pavilion, Graffham Rec

No charge.

All welcome.

Just come along!

Lavington Estate shares its long-term vision

Some 25 villagers visited Lavington Estate and Stud for the first in a series of open days its new owners are hosting to share with the community their vision for the 650 acre property. More sessions are planned for next month. See September's Graffham Parish News and Facebook's Graffham Noticeboard for details.

The estate was bought two years ago by Bianca and James Pitt, who have lived for around a decade on Graffham's border with Hoyle. It had been in the ownership of the Buchanan-Macdonald family for around a century. Bianca and James quickly expanded it by also taking on the ancient scarp woodland of Graffham Down and the Queen Elizabeth Forest.

At the debut event, on Friday 14 July, they were joined by Nick Heasman, Countryside and Policy Manager for the South Downs National Park, who has been one of their key advisors, to explain how in the decade ahead they aim to transform the land which lies between Seaford College in the east to St Giles Church in the west, and from the Rec to the north to the Down to the south.



On a rainy morning, villagers attending Lavington Estate's first open day were briefed on its future plans in the stud offices.

After being “manicured beyond belief for more than 100 years” as they were used for breeding racehorses, the fields are now “dead to anything except grass” – there are virtually no wild flowers or any other kinds of flora. As such, they could support few insects which, in turn, meant only limited birdlife and few mammals.

That lack of natural biodiversity is already being addressed, evidenced by the return of more swallows, swifts and house martins flying overhead, and will be accelerated in the next five years as 40 acres of wildflower meadow are created, starting in the area close to St Giles and Graffham Infant School, and miles of hedgerow planted.

At the same time, priority has been given to bringing the many rental properties on the estate up to scratch, by making their rooves watertight and upgrading their bathrooms and kitchens for the first time in decades.

The aim is to make the estate a showcase for the best long-term land management, producing good, healthy food while also enabling nature to thrive and achieving financial viability. See future editions of *Graffham Parish News* for more detail.



A spot of rain on their wedding day couldn't wipe the smiles off Rowan and Emily's faces, though the traditional confetti throwing had to be moved indoors.

Weddings: Emily and Rowan, 14 July

For a couple who met in Wimbledon – even though not exactly at the All England Lawn Tennis and Croquet Club – holding their wedding as this year's championship reached a crescendo could hardly have been more appropriate.

As it was, Emily Drake was walked down the aisle of St Giles by her father Bob Drake to take the hand of Rowan Mason on Friday 14 July – as Novak Djokovic and Jannik Sinner were battling it out on the hallowed Centre Court for a place in the 2023 men's finals, although that was the last thing on the minds of bride or groom. And, with the Wimbledon championship in full flow, of course the weather was far from perfect – not that it mattered, either.

Emily and Rowan both live in London now, working in sales. He was raised in Graffham, as son of Alex and Ceri Mason, who still live at Gallows Hill, Selham Road, while she hails from Atlanta, Georgia, USA – so St Giles welcomed a healthy contingent of her fellow countrymen at the wedding. They met in 2019 and have been engaged now for a year. For their wedding, she and her four bridesmaids wore

► *Continued on next page*
Graffham Parish News

► *Continued from previous page*

dresses from her favourite clothes shop, Anthropologie. Hers was in white, while theirs were in navy blue – matching Rowan's suit. She carried a bouquet of beautiful white peonies. Besides the bridesmaids, she was attended by a maid and a master of honour – her sister Alice and best friend Michael Gaytan.

Not to be outdone, Rowan had two best men – his closest friends Ali Lines and Tom Wheeler – and two other groomsmen.

The church was decorated in white – with hydrangeas, roses, lizianthus, lilies and more peonies. Almost 100 members of their families and friends witnessed the ceremony, conducted by the Rev Vivien, with the bride entering to the gentle piano of *River Flows In You*, by Yiruma, while the newlyweds left to the uplifting *Heaven*, by Avicci, before the church's bells joined in the celebrations.

The Rolls-Royce Phantom that drove Emily to the church with her Dad and sister was there to ferry her and Rowan to their wedding reception, at Ramster Hall, on the way to Chiddingfold. They left later to honeymoon in Seville.

Passing of Maggie Paterson

It was with great sadness that *Graffham Parish News* heard, as this edition went to press, of the death of Maggie Paterson. Maggie had lived in Graffham and been at the centre or village life for many years. A full tribute will be published in a forthcoming edition.

Graffham Parish Council hosts annual meeting

The annual meeting of the parish of Graffham was hosted by Graffham Parish Council in the Empire Hall on the evening of Wednesday 19 July. A full report will feature in next month's edition.

Crimestoppers

Sussex Police has not been able to supply its long-standing weekly lists of crimes reported in the area since mid-March because of staffing issues, however, the following was reported in its latest update.

A shed was burgled in Lodsworth and a Stihl chainsaw stolen. Residents are reminded to keep windows and doors locked when you are out or in another part of the house – along with side gates at all times. Also, ensure that ladders and tools are locked away as an opportunistic burglar could use them to break into your home.

In Fittleworth, the rear window of a vehicle was smashed.

Could we have Sussex's first 'Quiet Lanes'?

The roads in and around Graffham and its neighbouring villages could be the first in Sussex or Hampshire to be given the new designation of 'Quiet Lanes' under a traffic-calming initiative being floated by our county councillor Tom Richardson.

If adopted, this would see the speed limit reduced to 30mph and signage installed directing motorists to pay special attention to walkers, horse riders and cyclists throughout an area bounded to the east and west by the A285 and A286 trunk roads to Chichester from Petworth and Midhurst, to the north by the A272 between the two towns and to the south by the Downs. Villages would still be free to go further and press for 20mph restrictions through their centres if they chose.

To gain traction, the proposal would need to win the backing of the local community, including all the parish councils in this area – Graffham and East Lavington along with the likes of Ambersham, Heyshott (which covers Selham), and West Lavington, which would need to work together on the initiative. Graffham Parish Council's meeting on 11 July gave it an initial warm reception.

Quiet Lanes are already in place in several neighbouring counties, including Surrey, after being introduced by the Transport Act 2000. The Council for the Protection of Rural England says: "Speeding traffic blights many villages. Quiet Lanes can help make country lanes feel safer, pleasant and less intimidating to pedestrians, cyclists and horse riders, while helping to protect the character and tranquillity of the countryside from traffic and improving people's quality of life."



Quiet Lane signage is done in a way sympathetic to a rural setting, often using wooden posts, for example.

Tom explained the rationale for adopting the initiative here: "This is a rural area with villages close to one another, where currently only the centre of Graffham and part of West Lavington have 30 mph limits, so motorists can drive everywhere else at 60 mph, even through other residential areas.

"Our lanes are all narrow with limited verge space for the many walkers, horse riders and cyclists who also use them. A Quiet Lane designation doesn't stop any vehicle from using these roads – it's just designed to remind drivers that there are vulnerable road users who have equal rights to them. It could also have the added benefit of reducing rat running by motorists using satnav, as the devices would potentially no longer see the lanes as a quicker alternative to staying on the main road. It seems like a sensible way of improving safety in our part of the world."

Pot holes and crumbling verges set for repairs

Roads around Graffham and East Lavington – many of which have been suffering from pot holes and crumbling verges – are set for a major overhaul, says Tom Richardson, our councillor on West Sussex County Council (WSCC).

County highways officers usually deal with 15,000 reports of road defects annually but had already received some 22,000 by July this year. With the introduction of a third ‘jet patcher’, the team has been working hard to catch up with the repairs.

Tom noted that several local roads were due to be surfaced-dressed this year, but, with the additional damage caused from additional traffic using them while Midhurst was closed, it had been agreed to resurface some or parts of them instead.

WSCC officers conducted a thorough survey of these lanes in mid-July, after Midhurst was reopened, as a prelude to repairs to their carriageways and edges. They are now working on a plan of works required and will, Tom says, schedule them to be carried out as soon as possible.

At Graffham Parish Council’s 11 July meeting, Tom was also reminded of villagers’ frustration at the number of superfluous ‘road closed’ signs left out when no work was being carried out. He pointed out that many were the responsibility of contractors for the likes of Southern Water but pledged to follow up on this issue and asked villagers to report any ‘abandoned’ signs to him so that he can get Highways to clear them up.

Keep roadside hedges cut and drains clear: Villagers are being reminded of their responsibilities to help keep the community’s roads safe for all who use them by cutting back hedges and other growth and keeping drainage ditches clear. Our WSCC councillor Tom Richardson said: “Hedges and shrubbery encroaching onto the highway can result not only in damage to vehicles but also make it dangerous for vulnerable users such as walkers, horse riders and cyclists, preventing them from getting off the road to avoid traffic.

“The general rule is that all vegetation should be cut back to at least one metre from the edge of the carriageway all year round. Even if there is a strip of land that isn’t yours between your property and the edge of the road, it is usually always your responsibility to keep it cut back.” The same applies to drainage ditches: “Most of the flooding on our lanes in the past few years has been a direct result of residents and landowners not maintaining ditches and keeping drainage clear on or outside the boundary of their property. As a landowner, you have ‘riparian’ responsibilities to do so.” See westsussex.gov.uk/media/1194/riparian_owners_faqs.pdf



An architect's drawing showing the size of the proposed new Tangletrees, in grey in a dotted line, against the current building, as viewed from the Rec.

Parish councils oppose Tangletrees plans

Graffham Parish Council has joined its East Lavington neighbour in opposing plans to replace Tangletrees, on the north side of the Rec, with a significantly larger new house. The application was waiting for South Downs National Park (SDNP) to rule whether to allow it to proceed as this edition went to press.

Graffham Parish Council (GPC) initially indicated it would support the proposal provided SDNP deemed the size of the new building met the park's policy, but, after further considering the plans at its meeting on 11 July, changed that opinion to side with East Lavington, which had already urged SDNP to reject the proposal.

Although overlooking Graffham Rec, Tangletrees sits within East Lavington Parish boundary. Both parish councils pointed out that the new building would be some 90 per cent bigger than the one it is proposed to replace, against an SDNP limit of 30 per cent, with its average ridge height of 8.4 metres against the current 5.4 metres. GPC also raised concerns relating to its boundaries and access during any demolition and construction phases.

- At the same meeting, Graffham Parish Council agreed to support a planning application to replace High View with a new house, larger than the current building but meeting SDNP's guidelines for such developments. This is now also before SDNP for a ruling. See planning applications on page 49.

Norwood Triangle fingerpost renovated



The fingerpost at the Norwood Triangle has been refurbished for East Lavington Parish Council, making good wear and tear caused by the elements over the years it has stood opposite East Lavington and Northwood Farms. A specialist renovated the metal post itself on site and took its directional 'arms' take away for restoration.

From Town Hall: Planning, roads and support

Our representative on Chichester District Council, John Cross, provides the latest in his regular updates on his key issues of focus right now.



In the first couple of months since I was elected to represent you, in May, I have been getting around to as many parish council meetings as possible to meet the parish councillors and to get an understanding of what the issues are of most concern in the different localities.

Several planning related matters are pressing, and I have been making representations and contributions to Chichester District Council (CDC) and South Downs National Park (SDNP) planning committees.

Besides being elected Vice-Chair of CDC and of its Planning Committee, I have been appointed to serve as one of CDC's representatives on the SDNP and on its Planning Committee.

CDC's planning committee is seeing how we can speed up our handling of applications. Currently, this is cumbersome and time consuming, which is frustrating for all parties.

Another issue that keeps being raised is the poor condition of our roads – particularly around Graffham after the recent road closures.

It's great that the main street through Midhurst was re-opened on 23 June, after work to shore up the fire-damaged buildings there was completed ahead of schedule. CDC is working with Midhurst Town Council and other local groups to support the town as it recovers, sponsoring a package to promote it near and far.

Speaking of support, CDC's 'Supporting You' team continues to make a real difference to residents, help with finances, household bills, housing, health and well-being, as well as the support available for local businesses. You can make referrals to it by email via supportingyou@chichester.gov.uk. See chichester.gov.uk/supportingyoucampaign for more details.

In June, CDC received a second 26-tonne electric vehicle as part of our commitment to reduce our carbon emissions. Our teams have been get used to maintaining and operating them, and keeping them properly charged up. They're used on our rounds to collect recycling and waste. Have you spotted them in Graffham yet?!

From October, I will be booking in surgery times for residents. I'll advertise the locations and dates in September.

Who does what on Graffham Parish Council

Graffham Parish Council (GPC) has finalised which of its councillors will lead which portfolios. The decision, at its 11 July meeting, followed the co-option of four new members after the May elections.

The council, now led by Roger Coakes as Chairman, agreed that the established councillors would continue in their special responsibilities:

- John Bracey as Chairman of Graffham Recreation Ground Committee.
- Sandy Macqueen as Chairman of the council's Planning Committee.
- Colin Barker as environmental lead.
- Jon Warren as its representative on the Empire Hall's management committee.

Of the four new councillors:

- Gillian Charlesworth will serve as GPC's finance lead.
- Joanna Morris will be its highways and footpaths officer.
- Rachel Gerrett will be its second representative on the Rec Committee.
- Fiona Jacob will oversee the Community Infrastructure Levy (CIL) fund.



The Asaka
Quartet
(left)
outside and
local
composer
Ned
Bigham
inside
St Giles.



Petworth Festival concert more than fills St Giles

Extra chairs were needed to seat the audience for a concert by the award-winning Asaka Quartet, brought to St Giles by Petworth Festival on the early evening of Saturday 15 July. They performed an all-English programme – with the highlight the performance of a work written specially for the 2023 festival, *Bignor Hill*, written by local composer Ned Bigham, otherwise known as Viscount Mersey, of Bignor House, just across the A285 from Graffham, who was there to hear it given its world premiere.

GVSA makes its rules fit for the 2020s

Graffham Village Shop Association (GVSA) – which owns the premises where Jeeva and Vasu run their stores, along with the building used by picture framer Stephanie Marx, the house Chapel View, and car park – duly adopted its up-dated rules, governing how the association is run, after a unanimous vote in favour at its AGM, in the Empire Hall on Wednesday 28 June.

The revisions reflect the latest legal and regulatory framework under which GVSA works and the many changes in the business, voluntary and charity sectors since the association was set up in 1994 to ensure that Graffham continues to have its own village shop, following the closure of the long-established Pescod's.

The updated set of rules reaffirms the association's main aim: "To sustain, support, encourage, provide or facilitate a thriving village shop."

Once that priority has been met, the revised rules have added flexibility by expanding the range of village interests the GVSA could potentially support. Originally, it could only provide and support village retail enterprises, such as shops, public houses and garages. Now, it can also provide support to social, educational, environmental, faith or sporting organisations in the village.

After paying tribute to Jeeva and Vasu for "continuing to do a great job at the village shop", Chairman Steve Dover reported that a key project recently completed involved conducting an energy review of all its properties "which we hope will help us make long-term plans to make them more energy efficient and green".

Meantime, the current high interest rates have increased the monthly repayments on the loan taken out to extend the shop and build Chapel View – which stood at £109,780 at the end of its latest financial year, after paying interest in the last 12 months of approximately £6,000 and capital of £7,000 from its revenues of £36,000, with other costs leaving it with an annual profit of £8,220, down 13% on the previous year.

The AGM also heard that two of the GVSA's officers are changing, with Andy Paterson succeeding Ipe Jacob as treasurer and Louisa Hooper taking over from Henrietta Aparicio as secretary. All the other committee members were re-elected to serve for a further year – Steve Dover (Chairman), Stuart Mathie, Neil McLean, Ann Rowney and Chris Wilson.

All the village's residents are invited to support the association by purchasing a £10 share, making them GVSA members and giving them a sense of ownership towards

the valuable village assets it provides. Currently it has a declining membership of some 200 which it would like to increase, all of whom live or have lived in the village or close by.

Chairman Steve said: “The association is run for and by the village and having a wider pool of members ensures we take into account the thoughts of all the community.”



GHSA says thanks in the sunshine: The Rec on a late June evening was the perfect setting for Graffham Support Health Association’s annual summer ‘thank you’ for the many volunteers from across the village who support it by providing transport for needy neighbours to get to virtually any kind of medical appointment and pick up prescriptions from Midhurst surgery.

Fashion Exchange readies for second season

Graffham’s Fashion Exchange is returning for a second season – by popular demand. It will start its run at St Giles Church on Monday 14 August where it will remain for two weeks, moving to the Rec for the village fete on Bank Holiday Monday 28 August before shutting up shop.

It’s a chance for you to clear out your wardrobe and drawers and give away items of clothing you no longer want – and to find something that you would love to wear. No money changes hands. It’s all for free.



If you there’s anything you would like to donate, please hang it tidily on the rails at the church from Monday 14 August onwards.

Men’s, women’s, children’s clothes are welcome and do take whatever you fancy.

Could you be St Giles' next Treasurer?

St Giles is seeking a new Treasurer with Yvonne Churchward stepping down from the role in a few months after nearly six years in the role.

Her successor need not be a regular member of the church's congregation although a desire to help keep its doors open for future generations is needed.

Equally, some understanding of basic accounting principles is helpful but can be easily learned. As Yvonne stresses: "I am certainly not an accountant!" She learned much of what is involved 'on the job' from the many sources of information easily available and the "wonderful support" from Chichester Diocese's team at Church House in Hove. She intends to provide a thorough handover and promises to be there to help as her successor beds in for a year or so.

She's loved her time in the role: "It is really rewarding to be able to give appropriate support and help to the PCC (parochial church council) both during meetings and in between time when queries may arise. For anyone who likes to steer and strengthen St Giles' finances, this is an interesting and worthwhile role.

"Managing the books and preparing the accounts can appear to be a daunting task – although it is far from scary! – and understandably isn't for everyone, however the role of the PCC Treasurer is so much more than dealing with numbers. You can also advise on a wide range of matters, from fund-raising to the maintenance of the church bells and projects to keeping the roof water tight and get involved as much as you like in lots of other areas, from attending at weddings to helping erect the new flagpole or installing the church's new heating system."

If you might be interested in the role, please contact Yvonne or via email at graffhampcctreasurer@gmail.com on 07808 781510, or touch base with the Rev Vivien.



Horse and hounds: A pony followed half a dozen or so dogs down the central aisle of St Giles on Sunday 16 July for the church's annual animal blessing service.

Acclaim for Clive in the wildlife art world

Graffham's Clive McBain has been selected as a finalist in the internationally renowned David Shepherd Wildlife Artist of the Year competition. This year's event, which will exhibit its finalists' works in London's prestigious Mall Galleries between 12 and 16 September, offered five categories, with Clive's Lion Fish acrylic painting (see next page) chosen in the 'Into the Blue' section. Fewer than 200 items of artwork were selected for display from almost 1,500 submitted from 60 plus countries. They will be offered for sale at the exhibition, with half the revenues given to the Wildlife Foundation, promoting conservation via law enforcement programmes, ranger empowerment and other methods, across Africa and Asia.

Clive has expanded his range from his well-known representative style, and the Lion Fish definitely belongs to a contemporary genre. He says he found the technique to be more demanding than his usual approach, with intricate layered brushwork on the blue strata of the background.



Clive McBain

He had never before entered his work in any competition but was prompted to do so this year on the advice of friends. Something in the 'design' of the Lion Fish had fascinated him for some time, and, while he also submitted four of his more traditional paintings, it was this one that clearly intrigued the judges.

If you would like to see more of Clive's work, inspired as it is by the local area and his time in the Greek islands, you can request a visit to his Selham Road studio by emailing sidonie341@btinternet.com or phoning 01798 867589.

Show chose Jo's throws



One of Jo's pots

Graffham potter Joanna Morris is displaying a number of her works at the Southern Ceramics Group 2023 exhibition, which is on now (from 29 July) to 13 August at Chichester Cathedral's Bishop's Kitchen. Jo is one of 60 potters picked from hundreds across the south to feature in the 600 creations to view and buy – from functional tableware to abstract sculptures. Entrance is free and the doors open from 10am to 5pm daily.

DAVID SHEPHERD WILDLIFE FOUNDATION
WILDLIFE ARTIST OF THE YEAR 2023
IN ASSOCIATION WITH BBC WILDLIFE



DSWF Wildlife Artist of the Year has become one of the noteworthy events of the year in the art calendar, often been referred to as the 'Oscars of the International Wildlife art'

**GRAFFHAM ARTIST CLIVE MCBAIN'S PAINTING
"THE LIGHT BENEATH" HAS BEEN SHORTLISTED AS A FINALIST FROM OVER 1,400
ENTRIES FROM 61 COUNTRIES.**

The exhibition is taking place at the Mall Galleries in London
from the 12th to 16th September 2023.

www.paintingsbyclivemcbain.co.uk email: sidonie341@btinternet.com



CAT ON A BLUE CHAIR. £2500

Image size 96.5 x 67.5cm. Framed size 116 x 87cm

To view this painting and many other works by Graffham artist Clive McBain
you are cordially invited to his house and gallery.

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Judging underway after almost 250 entries had been laid out in the hall.

Garden Group summer show was 'best for years'

This year's Graffham Garden Group summer show may have been held on one of the windiest and wettest mid-summer days for ages – Saturday, 15 July – but that didn't prevent it from being what Peter Hardcastle described as among the best since he started organising them 17 years ago. So a fitting time for him to hand over the reins, with Marie Bracey succeeding him for next year's event.

Across 56 classes (40 for horticulture, seven for cookery, four for flower arrangements and five for photography 7), some 30 villagers submitted a total of 239 entries, a 20 per cent lift on 2022, taking competition back to pre-pandemic levels – reversing a trend in so many other Sussex villages, where jamborees like this are dying out.



Prize-giving time in a hall packed with flowers, fruit, veg, baking and photos.

Winners of the silverware included:

- Pezzaro Bowl for best specimen rose and Agar Cup for best other rose – Carole Kirke.
- Johnson Cup for best pot plant and RHS Banksian Medal – Martin Buckley.
- Thraves Cup for best flower arrangement – Gay Foord.
- Walter Parsons Trophy for best soft fruit – Alison Davidson.
- Sutherland Cup for best cookery – Gillian Charlesworth, for her savoury loaf.
- Ricardo Cup for best photograph – Rosemary Sutton.

Lucky winners of the top raffle prizes – kindly donated by Hennings of Petworth, Stedham's Rotherhill Nursery, Pulborough's Architectural Plants, and West Chiltington's Village Nurseries – were Mary Taylor, Adam Rowley, Tracey Carr and Betty Bradley.

For the winning photographic entries, see page 23.



A breathtakingly colourful array of floral and vegetable exhibits.



Best animal made from veg (left), while rivalry for best sweet peas is always tight (below).



Graffham Garden Group visits for 2023

Friday 11 August 10.15am

St Mary's Bramber House and Gardens

The Street, Steyning BN44 3WU

14th Century historic pilgrim inn. Still lived in today, its fine panelled interior includes the unique Elizabethan trompe l'oeil Painted Room. Five acres outside with rose gardens, 'English Poetry Garden', 'King's Garden', landscaped water garden and rural museum.



£16.50 for exclusive use of the house and gardens with tour by experienced guide plus refreshments.

To book your place, contact Nicky West at nicolamwest@btinternet.com or on 07796 144647.

Wednesday 6 September 2-5pm

Graffham

Marsh Farm, Woodcote Lane, and Boswells Cottage, The Street

Marie Bracey and Carole Kirke invite you to spend an afternoon in their beautiful gardens with tea and cake in aid of Dementia UK and St Giles Church.

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Winner of Graffham Garden Group's Ricardo Cup for best photograph in its 2023 summer show at the Empire Hall on 14 July, was this shot (above) of a caterpillar, taken in her garden by Rosemary Sutton.



Trish Wilson's photo was judged the best of 'Bluebells'



Martin Buckley took first place in the 'Winter Scene' category.



Martin Taylor took the biscuit in the class for 'Feeding the Birds'

Bound for Botany Bay – in far Lavington Park

Tried no-mow May? Put up a bird box in the garden? Wonder what else you can do to help biodiversity? This month joint editor Philippa Sanders visits one of the larger scale projects stewarding a special corner of our landscape.

Tucked away between the eastern end of Lavington Park and Beechwood Lane lies Botany Bay, an almost secret wetland area of great biodiversity. It encompasses a valley surrounding a chalk stream that rises from the foot of the Downs further up Beechwood Lane then flows under the road to enter this special area.

The land is privately owned by Anne Dennig and her family, who have formed a community group to run it as a conservancy, hosting local visitors, school groups, students on work experience and wildlife experts.

Chalk streams are particularly precious for a number of reasons, not least because of their unusually pure water, filtered through the escarpment. The one at Botany Bay, running through a ghyll (steep sided valley) before widening out into a lake, surrounded by meadow, that can be seen from the A285 Petworth to Chichester road at its eastern end, is home to a small population of native wild brown trout.

In the 1970s the area was used as a small-scale fish farm, growing on rainbow trout for local fisheries. The stream had been partly dammed and the water released by

pipes into a number of ponds. The fish farm closed down in 2004. A team was then formed with the intention of restoring the area to its natural state, led by Ann and Clive Lightfoot, who live at Lavington Park, with help from the Portsmouth Services Fly Fishing Association and



The stream flows under a fallen oak in the ghyll before broadening out as it approaches Botany Bay's lake.

Pictures by © Michael Blunt.



Jude and Matthew Sennitt, Clive Lightfoot and Anne Dennig by a fallen tree that has been used to create a passage for the wild native brown trout there.

In partnership with various public bodies including the South Downs National Park, Sussex Wildlife Trust, Woodland Trust and The Wild Trout Trust. In 2014, they began removing the old fish farm infrastructure and established pinch points in the stream to allow the brown trout to spawn further up the stream – a restoration project honoured three years later with an award from The Wild Trout Trust.

With invertebrates key to the health of the stream, Anne monitors the presence of the eight indicator species of riverfly larvae in the stream for The Riverfly Partnership. These species are picked for their sensitivity to pollution. Any changes are reported to the Environment Agency.

By 2014 there was clear evidence that this was happening and the brown trout population began to grow. More recently, the project has widened to cover more wildlife areas. The ponds previously used for holding trout have been reprofiled to form still ponds, suitable for many more species. Children come each year for pond dipping, finding nowadays dragonfly nymphs, frogs, toads and newts. The wetland areas also support a variety of plants including yellow flag, marsh marigold and purple loosestrife with more native wetland species being reintroduced.

Many experts have helped survey the flora and fauna – rare mosses, moths, insects and bats. The South Downs National Park and Woodland Trust have supported the

► *Continued on page 27*



The newly created chalk bank for bees, covered in wildflowers and overlooking the lake (above left), and Anne and Clive in Botany Bay's 'classroom'.

Inspired to do more for our flora and fauna?

If you have been inspired by the work that Anne, Clive, Jude and Matthew have been doing, there are many ways that you can contribute to local biodiversity projects:

🐦 Anne herself can be contacted at annedennig@icloud.com.

🐦 The Botany Bay and Graffham Down Trust organisations regularly help each other out, driven by a common goal to enhance and protect habitats delivering viable ecosystems with rich native biodiversity. While not separated by a large distance, the two projects manage very different habitats enhancing the local breadth and depth of biodiversity. To find out more about Graffham Down Trust, see its website graffhamdowntrust.co.uk or contact chairman Jim Kirke at jimkirke@hotmail.com.

🐦 The Sussex Wildlife Trust has many suggestions for activities at home. See sussexwildlifetrust.org.uk.

🐦 The British Trust for Ornithology has many opportunities for bird surveys. See www.bto.org.

🐦 The Sussex branch of Butterfly Conservation encourages you to contribute to its Sightings page at sussex-butterflies.org.uk.

🐦 If you are feeling really ambitious, what about organising a Graffham bio-blightz! You can get lots of tips from the Natural History Museum at nhm.ac.uk.

🐦 Join the Greener Graffham Facebook page. While much of the content is devoted to worldwide campaigns, there are often posts relating to more local micro-level biodiversity and permaculture.

► **Continued from page 25**

conservancy's efforts to manage the ancient woodland, removing the non-native bamboo and cherry laurel and planting hedges and two new copses with a variety of native trees including black poplar, disease-resistant elm, common buckthorn, spindle and wayfaring trees.

The lake's southern bank has been largely converted to a wildflower meadow, sheltering a chalky bank providing a home for mining bees. Matthew and Jude Sennitt, of nearby Wallace Square, have been largely responsible for these areas.

Numerous other locals have been volunteering at Botany Bay, including students assisting on a regular basis for Duke of Edinburgh and John Muir Awards or studying for the BTEC in Countryside Management. Among the Graffham residents who have dedicated hour after hour of their time to the project are Joe Amin, as a riverfly monitor, and Will Morris, on placement from Bath University, to help with surveys and create a database.

Looking ahead, Anne, Clive and their band of volunteers are working hard to increase biodiversity still further, with plans to expand its wildflower meadows and for native crayfish and water vole to be bound for Botany Bay once more.



More and more native wildflowers are returning to Botany Bay.



Anne explains to visiting members of Graffham's Thursday Club how Botany Bay's ecosystem's evolving.



Native crayfish and water vole could be back in Botany Bay's clear waters soon.

GRAFFHAM DOWN TRUST

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With Michael Blencowe



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DRAG NIGHT

Weather forced date change to:
Friday 18 August, 8pm

The Three Moles presents

Anett Curtain



THE THREE MOLES

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Letters to the editor: The column YOU write

Something in Graffham Parish News particularly caught your attention? Send us an email at editor.graffhamparishnews.com.

Second sighting of *Homo vagus nudus*: The top of Graffham Down is not the only place that *Homo vagus nudus* has been seen locally (*Graffham Parish News*, July, page 23). I spotted him while working here at Tagents Farm. I often see walkers and riders passing by. On this occasion, at first glance, I noticed a well-toned, tanned arm – then, as I looked closer, I couldn't believe my eyes! I just had to snap this shot while I asked myself whether he was wearing sunscreen – everywhere! – **Joanna Dobinson, Tagents Farm, Graffham.**



Selham's *Hieracium cantianum*: Congratulations on including a maths question in the quiz in your July edition, although no calculation was involved. I know maths is not popular but a follow up might be in order (*Ed: You wish is our command – see page 50.*) The second quiz question, on Selham House botanist Charles Carmichael Lacaita was also welcome. He was very knowledgeable on the Hawkweeds of the area (rather an awkward group) and would have known *Hieracium cantianum* (pictured) from the Selham Road. – **Jonathan Simons, Millburgh Hall, Graffham.**

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**Graffham, Petworth, Midhurst
and surrounding areas.**

Diary of a New Farm: Say cheese!

Katie Forman and Brett Sacks continue their occasional diary as they establish Slow Grown Farm, at Hoyle, on Graffham's Heyshott border.

Since our last update in May, our four remaining calves for 2023 have been born. We're delighted to have welcomed three girls – Fennel, Thistle and Rose – who will join our milking herd when they are old enough. The two boys – Basil and Spindle – will head over to our beef herd at Lavington Estate once they are weaned.



Learning how to be a cow at Slow Grown Farm (above), while cheese from the herd's milk matures (below).



Unusually for a dairy, we are keeping the cows and calves together for at least the first four months. We believe this gives the calves the best start in life – they run with the herd and learn how to 'be a cow'. This enables them to find their place in the hierarchy, which plants to eat and which to avoid, and they get Mum's milk straight from the source!

Overnight we separate the mothers and their calves in the field with an electric fence, then after milking everyone is reunited, and the calves have free access to nurse all day. This 'share-milking' enables us to take the little we need for cheesemaking, while allowing the calves everything they need and more to grow healthily. We have begun our cheesemaking journey and have been experimenting with different size cheeses and creating softer and harder curds. Currently ageing in our temperature and humidity-controlled cheese room is about

**Try our cheese
and charcuterie at
Graffham Fete,
on the Rec,
28 August**



80kg of different size and shape cheeses, all made from the milk of our herd. We aren't making any specific cheese types, but rather our own creations. We keep the milk raw and don't pasteurise it, allowing the naturally occurring good bacteria – unique to our herd and the land, our 'terroir' – to develop and create the textures and flavours. Our exact range is still to be confirmed, but we are likely to produce two soft cheeses and one or two semi-firm cheeses.

We are hoping that, as this edition goes to press, we'll have some of our small soft cheese ready for locals to purchase through our website – and do come and try it and our charcuterie at our stand at Graffham Fete on August Bank Holiday!

Nettie's tea party nets £600 for St Giles



Hostess with the mostest Nettie Lanaghan with Yvonne Churchward and Sue Hill, and her table laden with sandwiches, cakes and other delicious bakes.

Some £600 was raised for St Giles Church at an open garden tea party hosted by Nettie Lanaghan at her Jaysfield Lodge home, in The Street, on Thursday 29 June. Dozens of neighbours and other friends flocked bringing contributions to the table of bakes, which they then helped devour, in perfect mid-summer weather.



Everything stops for tea – apart from a jolly good natter!

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ON AND IN AID OF THE RECREATION GROUND

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Fun *AND* games
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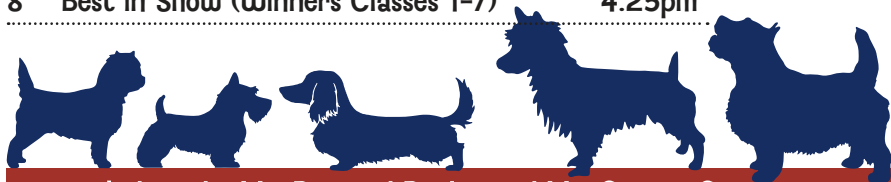
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THE DOG SHOW

ENTRIES,
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£2 PER
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1	Most Handsome Dog (3-8 yrs)	2.15pm
2	Prettiest Bitch (3-8 yrs)	2.35pm
3	Best Child Handler	3.00pm
4	Best Puppy (Up to 2 yrs)	3.15pm
5	Best Owner Look-a-Like	3.35pm
6	Best Veteran Dog or Bitch (8yrs+)	3.50pm
7	The Waggiest Tail	4.10pm
8	Best in Show (Winners Classes 1-7)	4.25pm



Judging by Mr. Bernard Bayley and Mr. George Grammer



YOUR VILLAGE FETE NEEDS

YOU

If you'd like to run a stall, help on a stall, bake a few cakes, donate a raffle prize, offer a little time for car parking, help setting up or taking down, putting on an event, showing your artwork or just some good ideas – please contact Phil Jones on 07900 937000

Any time you can spare, even just on the day, would be great.

No contribution is too little – come and join in!

CAR BOOT SALE

Make some loot from your boot!
A part of the Fete so plenty of potential customers. £10 per pitch.
Contact details as above.



Meet your neighbour: 15 not out for Jeeva and Vasu

A regular feature in which we catch up with a local resident. This month, editor Michael Blunt chats with a couple that everyone in the village knows, as they mark 15 years at Graffham Village Shop.

Graffham Village Shop had been closed for a year until Theivandiram Jeevathasan – or Jeeva as everyone knows him – and his wife Vasu first set up stall there 15 years ago this month. Its doors had been firmly closed with the departure of the previous store tenants, as the Post Office also pulled the plug on providing service there. Since Jeeva and Vasu unlocked it on the morning of 15 August 2008, they, the shop and the village have never looked back.

They originally found out that Graffham was looking for new shopkeepers via Google, and came down from their then London home to see the property and meet the committee of the Graffham Village Shop Association, which owns the premises, on 28 April 2008.

Jeeva remembers: “We then drove to the end of the village to think about it, promptly turned round at the church and came back to say we’d take it on.”

Neither of them had run their own shop before – or any business. They both had some retail experience, however. Jeeva was born in Sri Lanka and left the island for Switzerland 30 years ago before moving to the UK to study. He had worked for a while for an uncle who ran a store. Vasu is also from Sri Lanka but grew up in France. She too moved to England to study, earning pocket money for a while at her local branch of Waitrose. They met in 2002, fell in love and married soon afterwards.

Jeeva said: “We decided we wanted to live in the countryside and manage a convenience store. We thought village life would be good for our son Arya, who



The way we were, in 2008 (left): Graffham Village Shop before Jeeva and Vasu’s time and how it looks today (right).

was just two back then.”

After agreeing to move here, it took four months to fit the shop out before they could start trading. Jeeva recalled: “Inside was a mess. There were just a couple of broken shelves, no refrigeration. We had to remove the old Post Office cubicle, rewire the premises, decorate it, install shelving, find suppliers – everything.” And all this with a toddler to care for, too.

The shop then was around two thirds its current size, with what is now its eastern end occupied at the time by picture framer Stephanie Marx, who has since moved into the new wooden unit built alongside the shop in around 2015. Vasu looked back: “When we first opened,

we stocked the shop like a London convenience store, but some of the products did not move so, with the help of Kathie Gyles, we ran a survey to see what people here wanted.” The response called for more local and organic items, which Jeeva and Vasu quickly offered and still do today, with East Lavington honey, eggs from the Downs, Langham beer, and, most recently, Graffham grown salad and vegetables.

And as demand has continued to evolve, so has the shop’s offering, such as the recent installation of Cook frozen ready meals and, further back, the lottery. Today, it stocks thousands of lines of different items, with new ones added every week, from anchovies and asparagus to zucchini (ok, courgettes, but not much else begins with a Z!). The cheapest item they sell are sweeties, costing 25p, while the most expensive is special Champagne at almost £100 a bottle. As all locals know, there’s

► *Continued on next page*



Present and correct in 2023: Jeeva and Vasu outside their shop this summer.

► *Continued from previous page*

not much you can't buy at Graffham Village Shop, from cricket bats, carrots and curry paste to *The Daily Telegraph*, toothpaste and Tango.

Jeeva said: "We always try and provide what our customers want – so if we don't stock it now then just ask and we'll try and get it in for you. And, as much as we can, we aim for Waitrose levels of quality at convenience store prices, as we know that's what people like here."

Many of the items it has stocked from Day One remain its most popular – its freshly brewed coffees and other hot drinks, its home-baked bread and pastries and newspapers. Also big sellers are its sandwiches, introduced more recently – of which they sell around 100 every day, all prepared themselves. Every week, some 500 litres of milk alone pours out of its doors.

The shop has been improved constantly since Jeeva and Vasu arrived. Not only has it grown by a third in size, but a new timber shelter at the front has replaced the old canvas awning. And three years ago, Jeeva and Vasu also took on also Heath End stores, turning that into a thriving enterprise.

As their business has grown, so too did their family, with daughter Ardra born a couple of years after they moved here. Their roots have dug deeper into Graffham, too, with the purchase of their home next to the shop, and the family taking part in all sorts of village activities, from badminton, cricket and tennis to singing. The affection with which they are held by their many customers near and far has grown



Top honours in 2020: South Downs MP Andrew Griffith hands Jeeva and Vasu a certificate as a Covid Community Champion, honouring their contribution to the neighbourhood in keeping the shop open throughout the pandemic. Their dedication was further recognised in January last year when Lord Lieutenant of West Sussex Susan Pyper, representing The Queen, presented Jeeva with his BEM medal, and (right) Jeeva interviewed on BBC television news on the day the award was announced.



Clocking up their first decade in 2018: Most of the village turn out to celebrate Jeeva and Vasu's 10 years as our shopkeepers.

too as word of the wonders of Graffham Village Shop spread. So much so that their customers now include daily visitors from as far afield as Worthing, Littlehampton and Bognor Regis. All are agreed there is nothing to match it for miles around – for the range of goods and the friendly service.

During their time here, Jeeva and Vasu have been able to offer regular employment to a number of locals and provide retail and customer experience to countless holiday and Saturday youngsters.

It has been far from plain sailing all the way, of course, particularly during the Covid lockdowns – but Jeeva and Vasu have always risen to the challenges, with Jeeva honoured with the award of a British Empire Medal in recognition of their services to the community during the pandemic.

Reflecting back on their first 15 years in Graffham, Jeeva and Vasu said: “We were really blessed to come here. We love this village. So many kind people have supported us, like Roger Brook, who sorts out the newspapers for us in the morning and does so much more, Bernard Bayly who helps with deliveries, and other volunteers like Jim Kirke, Trish Wilson and so many more.

“Most of all, we have been so lucky to have our customers – they are more like friends to us. We owe them so much.”

Nature Notes: Skyscrapers of the South Downs

A monthly column by former Sussex Wildlife Trust Head of Community Action for Wildlife Michael Blencowe.

If you're feeling boxed-in by buildings and overwhelmed by architecture, I've found the perfect escape route. Take a hike up onto the South Downs. Modern life is stripped away with every step. Yet here, in this ancient landscape, towering above the thyme and trefoils in the turf, you'll find some of the most impressive buildings in Sussex.

Ant hills are the skyscrapers of the South Downs, mini miracles of design and construction, the visible tip of the ant's underground empire. Soil is mined and carried, grain by grain, to the surface to construct this metropolis of mounds some of which can be centuries old. Every ant hill represents a separate colony of yellow meadow ants – respected as the finest architects amongst Britain's 42 ant species.

Ant hills are high-rise heat-traps built to harvest the sun's warmth. This soil solarium houses a series of chambers – the colony's nursery. Here worker ants tenderly tend to eggs, pupae and larvae, moving them around within the ant hill to



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Ant nests in a meadow at nearby Ebernoe. © Sam Roberts, SWT

keep them on the sunny side. With a strong division of labour each colony is a ‘superorganism’ made of thousands of hard-working individuals serving a common cause – their colony and queen. But life is far from peaceful. Every ant hill is a miniature kingdom at war with its neighbouring ant hills. Epic battles are fought daily on these downs and, each summer, squadrons of winged ants take to the skies in an attempt to establish new colonies. It’s a perilous mission – certain death awaits them if they land in occupied territory.

Down under the ant hill, other ants work on the aphid farm. Root feeding aphids are herded and ‘milked’ for their honeydew – a hi-energy drink which helps fuel the colony. Ants also obtain a similar sugary syrup from the caterpillars of chalk hill blue butterflies. When these caterpillars are ready to pupate, they are carried underground and adopted by the ant colony. Upon emergence, the subterranean homesick blue butterflies scramble back to the surface and escape to the summer skies. Ant hills don’t just benefit ants – their angles and aspects create a unique



A yellow meadow ant. © SWT

micro-habitat on chalk downland. Their sun-baked slopes are great for basking butterflies, grasshoppers and lizards and their soft, sifted soil is loved by mosses, grasses and flowers. This softness is also their vulnerability. Every ant lives in fear of the great winged terror from the sky – the green woodpecker. Its brutal bill and sticky harpoon tongue can cause carnage in a colony.

Graffham Chronicles: Claud Mullins 1887-1968

In her regular column, village historian Pauline Goodwin this month looks back at 'a very important man' who ended his days in the village.

A memory from more than 60 years ago triggered my interest in this Claud Mullins. I remember a sunny Sunday afternoon at Graffham's Rec with a cricket match in full swing. I was in the pavilion with my mother who was preparing the teas. The Midhurst baker had delivered huge trays of iced fancies, cream horns and split buns. The buttering brigade had left having prepared numerous loaves, added fillings then sliced them up into scores of sandwiches.

In walked a solitary man, wearing a Panama hat and carrying a cane. He bought his tea and carried it to one of the benches to watch the match. When he had left the pavilion my mother whispered into my ear: "He is a very important man."

Indeed he was well known, certainly across the South and throughout London.

This episode illustrates a key factor in Claud Mullins' character – he liked to be quiet and alone with his thoughts, but it was those thoughts and ideas which were to make him a figure of controversy, an influencer for reform. Thoughts that led him to becoming a household name.

Emma Dally, his granddaughter, wrote a biography of her grandfather, entitled *Rebel, Reformer, Reactionary*. In the book's blurb it states that she "remembered her grandfather as a remote and bad-tempered old man, constantly complaining about his noisy grandchildren".

It was only after his death when she started to read his diaries and papers, that she began to understand the originality of his thoughts surrounding criminal psychology and his desire to bring about reform, especially in the areas of treatment of criminals and matrimonial law.

Claud's father, Edwin, was a sculptor who had poor health which meant that Claud had to support his family and forgo the place he had been offered at Cambridge University. He took a job as a clerk with London City Council and studied law in his spare time after winning the Gray's Inn Bacon Scholarship. Eventually he was called to the bar in 1913 with a First Class Degree. However, the start of World War I meant he spent subsequent years in the Army, ending up as a Lieutenant in the Royal Army Ordnance Corps. Thereafter he worked as a barrister, but the work that came his way was scant. Essentially, he was ahead of his time. The legal establishment was stuffy, reluctant to change and found his ideas for reform and

modernisation too radical. During this period, Claud discovered that he had journalistic talents and became a distinguished writer on law reform. In 1931, he accepted the position of Metropolitan Police magistrate and worked for 15 years in this post before retiring because of ill health.

He studied the works of Sigmund Freud and Carl Jung who were considered to be the fathers of psychotherapy and the founders of modern psychoanalytic movement and, along with the opportunities afforded him by his work as a London magistrate, he developed an understanding of reforms he felt were needed. He was able to visit the

inside of prisons and borstals and talk to staff there and consult with doctors and social workers. The insight gained allowed him to work for reform in the fields of juvenile criminality, matrimonial law, sex offences and minor debt.

He pursued his desire for change with redoubtable determination, constantly challenging the status quo. Reactions were extremely mixed. It caused fury among members of the establishment including magistrates, politicians and the press, culminating in his censure in 1942 by the Home Secretary, Herbert Morrison, who denounced him in Parliament. But he had a huge following of admirers and supporters, too, who agreed that a more modern and humane approach was needed for those who found themselves at odds with current laws which labelled and treated them as criminals.

He believed that disputes between married couples should not be classed as criminal and be dealt with by the courts, with their private lives being splashed across newspapers, but should be considered a social issue. Here, Claud did meet with success when the Summary Procedure (Domestic Proceedings) Act was passed in 1937. A leading legal commentator described this change as making “the most important inroad since 1857 into matrimonial law”.

Furthermore, he was an avid supporter and first chairman of the Marriage Guidance Council, founded in 1938, and the Family Planning Association, which came into being a year later, both of which prevented causes of divorce, which was on the



**Reformer and ‘important’ man of
Graffham, Claud Mullins.**

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increase at this time. While he was a London magistrate, Claud dealt with 5,000 matrimonial cases. This experience on the bench, his research and the writing of more than a dozen books and scores of articles meant that he was called as an expert to give evidence before The Royal Commission on Marriage in 1951.

Minor debt was another area which concerned him. He felt that there was far too much use of power to imprison people for minor debt. He had some success with this, too, with the introduction of the Money Payments (Justices' Procedure) Act 1935, which declared that people who did not pay fines, or similar monetary penalties, should not be imprisoned without establishing the reasons for their non-payment – a step on the road to a fairer and less draconian system for matters which were more civil than criminal in nature.

A few years before his retirement, in 1943, Claud wrote what was to become a very influential and successful book called *Crime and Psychology*. It went to three reprints in just one year which is very unusual for an academic text. A leading legal commentator said it “should be compulsory reading for anyone who has to play

some part in the administration of criminal justice”.

Claud retired to Graffham in 1947, living at Glasses, where his family began the Mullins' dynasty of creative crafts. Many of my generation attended the craft mornings held there by his wife Gwen, and their daughter Barbara.

One of my cousins still has the pottery ash tray she made at these sessions. Claud spent nearly 20 years in the village, until his death on 23 October 1968 in Chichester.

How lucky we were in Graffham to be taught by such world-renowned textile artists but how lucky was the country to have Claud Mullins to champion the causes of down-trodden people and enabled them to be treated with dignity, compassion and respect.



Claud's wife, Gwen Mullins.

Bill's bygones: Nightjars, Romans, Pied Piper

A regular feature in which joint editor Bill Barrett looks back at what was happening in the village and the wider world this month in the past.

10 years ago – August 2013: Graffham Fête raises £5,709. A Clouded Yellow, seen for the first time on Graffham Down Trust's reserve, along with a White Admiral and Purple Emperor are among 18 butterfly species spotted there. Nightjars return to Graffham Common following heathland restoration. Graffham Football Club winds up. The Cameron-Clegg coalition government's motion proposing UK military intervention in the Syrian civil war is defeated in the Commons. Ian Bell scores his third Ashes century of the series as England beat Australia 3-0. Death of broadcaster Sir David Frost (74).

25 years ago – August 1998: The 50th Graffham Fête raises £3,629.55. William Godman-Dorington becomes Graffham Tennis Club's Men's Singles champion after defeating Anthony Dimmer 6-4, 2-6, 6-4. Sara Villiers beats Henrietta Bell to win the Ladies' Singles. A petition to prevent WSCC opening the Graffham section of the South Downs Way to four-wheel drive vehicles and scrambler motorbikes is signed by 400 residents. Graffham's Fiona Hamilton-Lamb is chosen by Lord Cowdray to design a memorial temple for his late father at Benbow Pond near Easebourne. Bombings of Omagh (by the Real IRA) and US Embassies in Nairobi and Dar-es-Salaam (Al Qaeda).

50 years ago – August 1973: Miss Bowley's junior theatre show *The Pied Piper* is performed on the floor of the Empire Hall, with the audience watching from the stage. Nigel and June Greening, as Adam and Eve, and Phil and Ginny Kingsmill as Mr Heath and Morning Cloud, win the children's fancy dress contest at Graffham Fête, which makes £290 profit. Opposed by the National Trust, Petworth Parish Council support routing the long-awaited Petworth bypass through Petworth Park rather than the Shimmings Valley. Chichester police report more than 100 calls from local people worried they had received a letter bomb (all false alarms). Death of James Beck (Private Walker in *Dad's Army*, 44).



Ginny Kingsmill, as Morning Cloud (second left), was among the winners of the 1973 fête fancy dress competition.

Graffham Tennis Club

Graffham Tennis Week was getting under way as this edition went to press. For a full listing of what's on when, see the centre pages of July's edition. A full report will appear in the September issue.

More club tournaments took place in July, with the well-subscribed ladies' doubles attracting interest from eight strong pairs. Played over two successive evenings, four of the pairs played each other on one of the two evenings, with the winners of each group progressing to the final. Both evenings were hotly contested with the top seeds, Emma Amin and Sian Green, fending off all challenges, not least from Angie Thornley and Sarah Selman, on the Monday. Sam Adams and Chloe Turrell emerged as winners of the Tuesday session. The final was held the next week, with Emma and Sian retaining the title that they have now held for five out of the last seven years.

Doubles tournaments lend themselves particularly well to the round robin format, but something similar was tried for the first time in the men's singles. Six entrants contested a round robin on Sunday 2 July though sadly some of the stronger (dare we say younger!) members were unable to compete. Nevertheless, several of our club night regulars enjoyed a tough morning of tennis. Unsurprisingly, top seed Matthew Syed progressed smoothly to the final, where he faced the dominant club player of ten years back, Andy Craig. With similarly 'canny' styles, the two men engaged in some demanding long rallies, before Matthew ended the match with some precise lobbing that proved too much for Andy in the final rally. Besides the trophy Matthew received a bottle of Cornish Rum, kindly donated by Bill Cole.



**Men's singles
champ Matthew
Syed** Picture by ©
David Sparkes.

Home fixtures this month

Graffham Tennis Club East Hants League home fixtures: August					
Do come and spend a summer evening supporting your teams!					
2	Wed	6.15pm	Ladies Doubles	Div 4	v Medstead C
14	Mon	6.30pm	Mixed Doubles	Div 2	v Steep

Graffham Tennis Club East Hants results

14 June	Drew 4-4	Ladies Doubles	Div 1	vs Haslemere
19 June	Won 6-2	Mixed Doubles	Div 2	vs Alton
20 June	Lost 0-8	Men's Doubles	Div 3	vs Denmead B
28 June	Won 7-1	Ladies Doubles	Div 4	vs Fernhurst
4 July	Lost 3-5	Men's Doubles	Div 3	vs Medstead B
4 July		Ladies Doubles	Div 1	vs Headley
6 July	Won 5-3	Ladies Doubles	Div 4	vs Fernhurst
10 July	Lost 1-7	Ladies Doubles	Div 1	vs Swanmore A
12 July	Won 6-2	Mixed Doubles	Div 2	vs Haslemere B

Graffham Bowls Club

By Secretary Liz Pegram

June and July are busy months for Graffham Bowls Club, with lots of matches both home and away. Results so far have been good – with six out of seven matches won!

Wendy Folkes, Sheila Allen and Liz Pegram spent a very enjoyable day at Pulborough for their annual ladies tournament.

Charlie and Hazel Tyrrell were winners of the Janet Hurst Cup at Graffham.



Charlie and Hazel Tyrrell with the Janet Hurst Cup, presented by Wendy Folkes.

Graffham Bowls Club results

Fishbourne	Away	Lost	Frensham	Away	Won
Headley	Away	Won	Fittleworth	Home	Won
Pulborough	Home	Won	Hindhurst	Home	Won
Billingshurst	Away	Won			

Graffham Bowls Club home fixtures: August

Spectators very welcome

3	Thu	6.30pm	vs Petersfield
13	Sun	3.30pm	vs Frensham
25	Fri	2.30pm	vs Headley

Graffham Cricket

A return friendly match against Petworth Ladies was held at home on 13 July. With some of the stronger players absent, it was always going to be a challenge.

Graffham fielded first and kept a lid on Petworth's scoring until their strongest batters came in. Wickets fell to Vasu, Louise Creed (three), Naomi Ward and Bella Pool, on her very first delivery. Superb catches were taken by Naomi and Ardra (two) with Ginny Barrett effecting a run-out from her own bowling. Batting was somewhat more of a challenge, with Petworth's bowlers proving fast and accurate. Six of Graffham's players avoided losing a wicket, including courageous debutant Holly Sabin. The top scoring pair was Vasu and Ardra, who managed 20 from their four over stint.

Training continues on Thursday evenings for the rest of the summer, ahead of the home fixture against West Wittering on Sunday 17 September.

Polo

Graffham's polo princess, Beanie Bradley, has been representing England at the IV FIP European Championships in Tuscany – the highest level of competition that Beanie has tackled. The distance and the heat meant that the England team were unable to take their own ponies, unlike the opposing continental teams, but Beanie found that the five ponies assigned to her were very much to her liking. The main opponents were Italy, France and Germany and the England team found themselves pipped on each occasion by goals in the final 30 seconds.

Beanie was one of the tournament's top three goal scorers.

The event was held by the sea at Punta Ala Polo Club and involved numerous festivities including a huge parade alongside the marina with a marching band. The competitors were all blessed by the local priest and the local commentators rather took to Beanie, designating her as 'Speedy Gonzalez'!



Beanie in action in Italy.



Patrick (above right) and Graham after arriving in London from Manchester, passing through some of England's most scenic countryside along the way.

Patrick pedals 220 miles in less than 18 hours

If Patrick Limpus was spotted limping on 26 June, it is hardly surprising – he'd cycled from Manchester to London the day before on a fund-raising super marathon. He pedalled the entire 220 miles (360km) in less than 18 hours to raise awareness of autism. He and his riding buddy Graham Cuninghame have so far raised more than £17,000 for the charity Ambitious About Autism.

They were two of 135 cyclists to leave Manchester at 5.30am on 25 June. Only 111 of them, including Patrick and Graham, made it to the London finishing line, in times ranging between 14 hours 12 minutes and 22 hours 50 minutes. Patrick and Graham finished a highly respectable joint 51st with a time of 17 hours 52 minutes, arriving in London just before 11.30pm.

Patrick's serious training started in February when it was "cold, wet, dark and miserable". He says it was all worthwhile to raise funds and awareness for autism: "Ambitious About Autism does amazing work, directly supporting children and young adults with autism to develop a valued place in society and, as part of this, create opportunities for them to succeed in the workplace. Huge thanks to everybody who supported us."

You can still donate to their cycling fund-raiser via ambitious220.ambitiousaboutautism.org.uk/fundraisers/GrahamandPatrick

Did you know...? You can raise funds for St Giles Church whenever you shop online – and zero cost to you. To find out how simple it is, just go to stgilesgraffham.org/shopping-online

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Property watch

Homes for sale locally, posted at [rightmove.com](https://www.rightmove.com) since our previous edition:

Red Oak, Graffham GU28 0NP: Five-bedroomed detached chalet bungalow, two bathrooms, living and dining rooms, kitchen, utility room, garden. 163sq m/1,759sq ft. Offers in region of £850,000. *Henry Adams, Midhurst, 01730 073718. Added 3 Jun.* **SOLD STC.**



Downsview, Duncton GU28 0JY: Grade II listed detached cottage, three bedrooms, upstairs bathroom, downstairs shower room, sitting, dining and family rooms, kitchen, porch, potting shed and workshop/garden store, generous garden backing onto fields. 126sq m/1,354sq ft. Guide price £675,000. *Savills, Petworth, 01798 303558. Added 5 Jul.*

Burton Hill Court, Heath End GU28 0JS: Five-bedroomed Grade II semi-detached house, four reception rooms, detached chalet bungalow, two bathrooms plus cloakroom, kitchen with larder, studio, large garden. 344sq m/3,707sq ft. Guide price £1.25 million. *RH & RW Clutton, Petworth, 01798 303593. Added 11 Jul.*



Planning applications

A summary of latest applications for planning approval in Graffham and East Lavington civil parishes filed with the South Downs National Park as this edition went to press. For details, see bit.ly/sdnp-planning

Selham House, Graffham Common Road, Graffham GU28 0PS: Amendments to approved plans. SDNP/23/02573/CND. *Received 21 Jun.*

High View, The Street, Graffham GU28 0QE: Demolition of existing house and construction of new replacement dwelling and associated landscaping. SDNP/23/02554/FUL. *Received 20 Jun.*

Beechwood House, Beechwood Lane, East Lavington GU28 0NA: Internal alterations, change of use of garage to home gym and games room, with replacement doors. SDNP/23/02252/HOUS and SDNP/23/02253/LIS. *Received 30 May.*

Graffham Parish News' august August quiz

Ten quick fire questions from Bill Barrett to test your local, topical and wider general knowledge. Answers below (no cheating now!)

- 1 C240Z: of what local significance?
- 2 Which local celeb's Radio 4 documentary series is entitled *Sideways*?
- 3 Admiral Nelson visited which local hotel several times between 1791-1798?
- 4 Which company closed its Broadreeds holiday camp at Selsey Bill in 1988?



- 5 Which performer at this year's Glastonbury festival was 75 four weeks later and was born Steven Demetre Georgiou in Marylebone, London?

- 6 As well as the NHS, another medical agency, based in Geneva, celebrated its 75th anniversary this year. Which one?
- 7 Who scored the winning runs as England defeated Australia at the Oval on 18 August 1953 to regain the (men's) Ashes?
- 8 What is the square root of 4,092,529?
- 9 The Great Train Robbery took place on 8 August – but was it 70, 65 or 60 years ago?
- 10 Mr Creosote, played by Terry Jones, appeared in which 1983 film?



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Quiz answers:
1 It's the code for the defibrillator at the Empire Hall.
2 Matthew Syed.
3 The Spread Eagle, at Midsbury.
4 Pontius.
5 Yusuf/Cat Stevens.
6 The World Health Organization.
7 Denis Compton.
8 2023.
9 60 years ago.
10 Monty Python's *Meaning of Life*.

Chance to join pilgrimage to the Holy Land

Canon John Bundock, a former Canon Emeritus of Guildford's Cathedral of the Holy Spirit, who occasionally leads services at St Giles when the Rev Vivien is away, is inviting local residents to join him on a pilgrimage to the Holy Land from 7 to 16 May next year.

It will include six nights at an hotel overlooking the old city of Jerusalem and three in an hotel in Tiberias beside the Sea of Galilee. The itinerary will include visits to Bethlehem, the Dead Sea, Qumran, Masada, Nazareth, Capernaum as well as the Church of the Holy Sepulchre and other sites in Jerusalem, all accompanied by a Palestinian Christian guide.

John says: "It's a full programme but there will be time for services, reflection and relaxation. A pilgrimage to the Holy Land has been described as being a Fifth Gospel. Certainly such an experience brings the Gospels alive in a way that nothing else can do."

If you would like more information, please contact him on 01403 752425 or at jnebundock@gmail.com.

Foodbank updates its 'most wanted' list

Petworth Foodbank, which also serves the town's surrounding villages, including Graffham and East Lavington, has updated its list of most wanted items.

Donations can be left in the specially marked containers at Graffham Village Shop, Petworth Co-op or Midhurst Sainsbury's or Tesco. Only items that are in-date, unopened, with a full ingredients list (because of 'Natasha's Law', to protect allergy sufferers) can be accepted.





In most urgent need this month are baby food (not milk), long-life milk, tinned meat (eg stews, minced beef in gravy), tinned vegetables, tinned fruit, and treats (such as small or large chocolate bars).

RINGERS AND SINGERS!

To join St Giles' bell ringers or occasional choir,
contact the Rev Vivien at hello@stgilesgraffham.org

Who's doing what at St Giles next month

If you cannot do your slot, please arrange a swap and advise Diane Bellis at diane.bellis@gmail.com and the Rev Vivien at reverendvivien@gmail.com

Sidespeople, readers and readings for Sunday 10.30am services in August			
6	To be confirmed	Parish Eucharist	Daniel 7 v9-10, 13-14
13	Jan Brind	Parish Eucharist	1 Kings 19 v9-18
20	Ann Brown	Parish Eucharist	Isaiah 56 v1, 6-8
27	Sally Blunt	Parish Eucharist	Exodus 1 v8- 2 v10
		Flowers	
		6 & 13	Bumble Findlay
		20 & 27	Diane Bellis
		Cleaning	
		Diane Bellis	
			

Did you know...? You can recycle the tops from your plastic milk bottles and used printer cartridges – and raise funds for charities at the same time? Just drop them (as clean as you can make them!) into the appropriate boxes at St Giles Church.

Other denominations locally

Methodist: Midhurst. *Minister:* David Muskett *Tel:* 01730 233436. *email:* superintendent@esanddcircuit.org.uk. *Web:* midhurstmethodist.com *Worship:* Sundays 10.00am, and Café Church 1st and 3rd Wednesdays 10.30am.

Roman Catholic: The Catholic Churches of Saints Anthony and George, Duncton, The Divine Motherhood and St Francis of Assisi, Midhurst, and The Sacred Heart, Petworth. *email:* petworth.abdiocese.org.uk. *Tel:* 01798 342169. *Web:* www.petworthcatholic.org

Mass					
Sun	8am	Duncton	Thu	9.30am	Petworth
	9.30am	Midhurst		12noon	Midhurst Convent
	11am	Petworth	Fri	6.30pm	Petworth
Tue	10.30am	Petworth	Sat	9.30am	Midhurst
Wed	9.30am	Midhurst		5.30pm	Petworth

Society of Friends (Quakers): St Anne's Community Centre, St Anne's Hill, Midhurst, GU29 9NN. *Web:* sussexwestquakers.org.uk *Meetings:* 2nd and 4th Sundays 10.30am.

United Reformed Church: Petworth. *Minister:* Revd Anne Lewitt *Tel:* 01798 872535. *Web:* petworthurc.co.uk *Worship:* Sundays 10.30am.

What's on at our village church and chapel

- All residents of and visitors to Graffham are welcome to all services.
- St Giles Church is at the far south end of Graffham Street, near the Downs.
- All Saints' Chapel is opposite Graffham Village Shop.
- Both St Giles Church and All Saints' Chapel are open daily.
- See stgilesgraffham.org or Facebook's @stgilesgraffham for any changes.
- Teddy Time is at the Rec Pavilion every Wednesday 10.15 to 11.30am.

July				
30	Sun	10.30am	Parish Eucharist	St Giles Church
August				
NB No Sanctuary, Morning Prayer, Pilgrims in August				
6	Sun	10.30am	Parish Eucharist Trinity 9	St Giles Church
13	Sun	10.30am	Parish Eucharist Trinity 10	St Giles Church
		6pm	BCP Evensong Trinity 10	All Saints Chapel
20	Sun	9am	BCP Matins Trinity 11	St Giles Church
		10.30am	Parish Eucharist Trinity 11	St Giles Church
27	Sun	10.30am	Parish Eucharist Trinity 12	St Giles Church
31	Thurs	6pm	Jake and Madeleine wedding rehearsal	St Giles Church
September				
1	Fri	2pm	Callum and Katie wedding rehearsal	St Giles Church
2	Sat	1pm	Callum and Katie wedding day	St Giles Church
		4pm	Jake and Madeleine wedding day	St Giles Church
3	Sun	10.30am	Parish Eucharist for St Giles Day	St Giles Church
10	Sun	10.30am	Parish Eucharist Trinity 14	St Giles Church
		6pm	BCP Evensong	All Saints Chapel
12	Tues	All day	Church to Cathedral sponsored walk	
17	Sun	9am	BCP Matins	St Giles Church
		10.30am	Harvest Eucharist	St Giles Church
		12.30pm	Harvest Lunch	Empire Hall

We rely on the generosity of villagers and visitors to safeguard the future of Graffham's St Giles Church and the ability of our parish to deliver its mission to the community it serves – including this magazine.

Please support them through a donation – preferably a regular one via our Parish Giving Scheme. For full details, see www.bit.ly/stggive1

What's on in and around the village

For home sports fixtures, see pages 44 and 45

July

29	Sat	7pm	Wellington Wailers sea shanty singers (in aid of Shoreham Lifeboat) (see page 14)	Three Moles
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August

1	Tue		Glorious Goodwood (to Sat 5 Aug)	Goodwood
			Madhurst festival (till 31 August)	Midhurst
5	Sat	9am-2pm	Midhurst Farmers Market	Midhurst
9	Tue	9-11am	Great Feet foot health professional ¹	Empire Hall
11	Fri	10.15am	Graffham Garden Group visit (see page 22)	Bramber House
12	Fri		<i>The Glorious Twelfth</i>	
13	Sun	7pm	Folk music night	Three Moles
14	Mon		Graffham Fashion Exchange (see page 15) - until 29 August	St Giles
18	Fri	8pm	Drag night with Miss Anett Curtain (see p 28)	Three Moles
19	Sat	9am-5pm	Classic car track racing	Goodw'd Motor Circ't
23	Wed	12.30pm	Lunch Club ²	Empire Hall
25	Fri		August Bank Holiday Racing (till 27 August)	Goodwood
26	Sat	9am-1pm	Petworth Farmers Market	Petworth
28	Mon		Summer bank holiday	
			Graffham Summer Fete	Rec
29	Tue	9-11am	Great Feet foot health professional ¹	Empire Hall

September

1	Fri		WSCC schools term starts (MRC 5 Sep)	
2	Sat		10 th anniversary Floral Fringe Fair - 100 stalls, see floralfringefair.co.uk (also on Sun 3 Sept)	Loxwood RH14 0AL
		1pm	Callum and Katie's wedding	St Giles
		4pm	Jake and Madeleine's wedding	St Giles
		9am-2pm	Midhurst Farmers Market	Midhurst
		8pm	Straw Dogs Irish folk band	Three Moles
6	Wed	2-5pm	Marsh Farm and Boswell's Cottage open gardens (also 7 Sep)	Graffham
			Seaford College term starts	
8	Fri		Goodwood Revival (to 10 Sep)	Goodwood
10	Sun	7pm	Folk music night	Three Moles

Continued on next page

12	Tue		Annual sponsored walk in aid of St Giles (see page 2)	Graffham to Chichester
13	Wed	7pm	Empire Hall AGM	Empire Hall
17	Sun	12.30pm	Bring-and-share harvest lunch	Empire Hall
18	Mon	6.15pm	East Lavington Parish Council meeting	Seaford Coll
19	Tue	9-11am	Great Feet foot health professional ¹	Empire Hall
27	Wed	12.30pm	Lunch Club ²	Empire Hall
30	Sat	7.30pm	Graffham Down Trust quiz (see page 28)	Empire Hall

¹**Great Feet foot health professional:** Available to Graffham Health Support Association members only.

²**Lunch Club:** Graffham Empire Hall Lunch Club meets on the fourth Wednesday of the month at 12.30pm for 12.45pm for a home cooked two-course meal and coffee, at £8 a head. Please book by calling Sarah on 01798 867567.

Regular weekly activities (for notes, how to book, etc, see below)			
Mondays	9-10am	Fitflows Fitness ¹	Empire Hall
	Daytime-evening	Osteopath ²	Empire Hall
Tuesdays	8.30am-12noon	Post Office	Empire Hall
Wednesdays	9-10am	Yoga ³	Empire Hall
	10.15-11.30am	Teddy Time toddler group ⁴	Pavilion
	7-8.30pm	Badminton ⁵	Empire Hall
Thursdays	Daytime-evening	Osteopath ²	Empire Hall
	10.45-11.45am	Ease Into Exercise ⁶	Empire Hall
	6.15-7.30pm	Yoga ³	Empire Hall
Fridays	9-10.15am	Yoga ³	Empire Hall
	9am-3pm	Physiotherapy clinic ⁷	Empire Hall
	10.30-11.15am	Pilates ⁸	Empire Hall
	6pm	Tennis Club night	Pavilion

Empire Hall: For booking and contact details, see Directory, inside back cover.

¹**Fitflow Fitness:** Contact Susie Bush 07870 219956.

²**Osteopath:** Bookings required. To make an appointment, for daytime or early evening, contact Anna Shawcross on 01798 867523 or see www.annashawcross.co.uk

³**Yoga:** Deborah Albone on 07790 867009.

⁴**Teddy Time:** No charge. All welcome. Just come along.

⁵**Badminton:** Contact Louisa Thomas, at louisa9000@hotmail.co.uk. All welcome.

⁶**Ease Into Exercise:** Contact Susie Bush 07870 219956.

⁷**Physiotherapy:** Contact Serena Cooper on 07884 445983 or at serenacooper.physiotherapy@outlook.com.

⁸**Pilates:** Contact Nicky Capes on 07990 517858 or 01730 812297.

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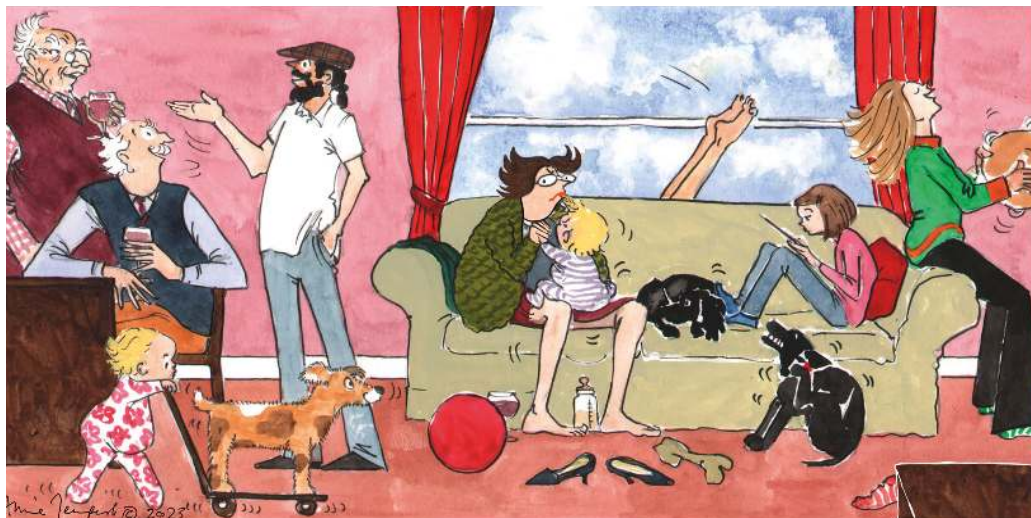
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	Clerk Amy Harte	07889 979820
		eastlavingtonpc@gmail.com
Empire Hall	empirehall.org.uk	empirehall@gmail.com
	Chairman and Bookings Sally Blunt	bookings.empirehall@gmail.com
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